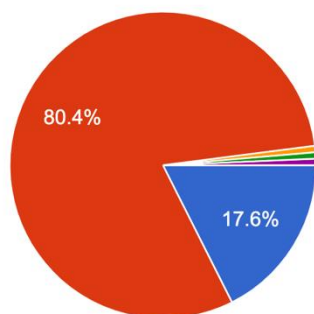


Are you a current user of the Racquetball court?

148 responses



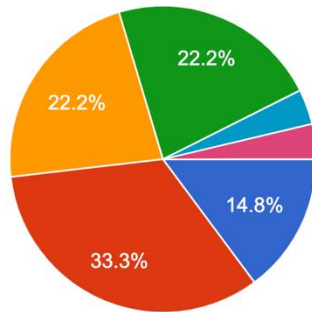
- Yes
- No
- Yes. Tom and I do our stretches & warm up exercises in that room. We also use it to pass the medicine balls back and forth to each other.
- Not a regular user - use for stretching/ calisthenics when other room is too busy
- I use it regularly, but not for raquetball.

Do you play racquetball in there or something else? Let us know. 21 responses

Jump rope
Something else.
Fitness exercises
Along with racquetball, I utilize the court to practice fielding with a rubber ball and mitt, and also hitting foam rubber golf balls off an artificial turf mat.
tennis is my sport
tennis practice
Raquetball
Use it to stretch as it has floor space that keeps me away from Those using weights.
Just racquetball
racquetball. And also do yoga in there.
for stretching and calisthenics when other room is too busy
Single play mostly, and racquetball when partnered.
I play racquetball in there and dance early in the morning when no one would use the room anyways.
I take photographs and do yoga there.
yes, play tennis wall
Badminton
I use it for circuit training and cardio exercises.
Something else - dance practice and roller skate practice
I exercise there
I use it for stretching and yoga
I use it to jump rope.

How often do you use it?

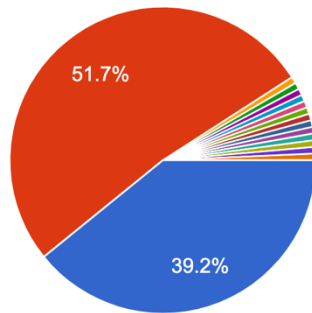
27 responses



- Almost daily
- A few times a week
- Weekly
- A few times a month
- Monthly
- A few times a year
- When I was a member it was my primary draw with the pool.

A number of members have requested that the Racquetball court also could be used as a Volleyball court. This requires that we install a hoo...all. Would you be interested in a volleyball option?

143 responses

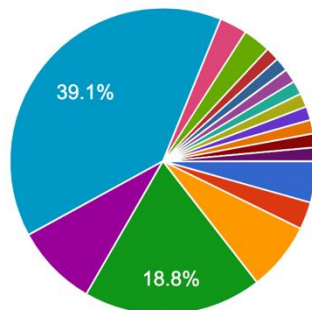


- Yes
- No
- No objection, maybe a bit concerned...
- Neutral
- why not? membership fees have incre...
- Indifferent
- I'm fine with that option if other memb...
- Probably not, but in favor of idea

▲ 1/2 ▼

How often do you see yourself using it?

69 responses

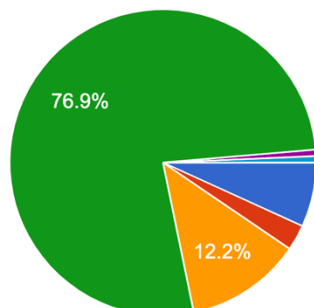


- Almost daily
- A few times a week
- Weekly
- A few times a month
- Monthly
- A few times a year
- I would not use it
- Never

▲ 1/3 ▼

There has also be a request for installing a Peloton Bike and/or Peloton Treadmill in the Cardio Room. You would need to pay for a Peloton Members...ing would only supply the bike and/or treadmill.

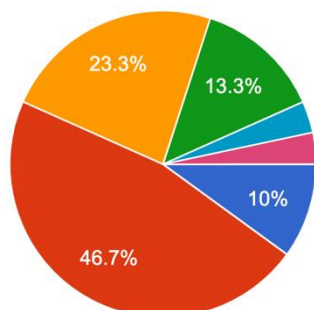
147 responses



- I would be interested in a Peloton bike
- I would be interested in a Peloton treadmill
- I would be interested in both options
- Not interested
- I would prefer the monies go to regular spin bikes that all members could use
- I would be even more interested in an expresso bike <https://expresso.com/>

How often do you see yourself using the Pelotón bike?

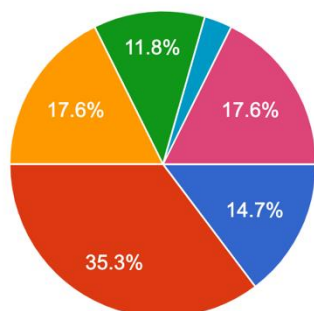
30 responses



- Almost daily
- A few times a week
- Weekly
- A few times a month
- Monthly
- A few times a year
- Rarely, if at all

How often do you see yourself using the Pelotón treadmill?

34 responses



- Almost daily
- A few times a week
- Weekly
- A few times a month
- Monthly
- A few times a year
- Rarely, if at all

Additional comments 62 responses

100 love peloton option

We should by new stair master, the stair machine is very old fashioned.

I have had only one complaint... the rooms are often too hot, especially the cardio room. I think we have to work at keeping it attractive to young people and to older folks like me.

I am curious why the membership fees go up every year.

Swimming area needs easy access to the showers

An additional elliptical machine would be great since it is becoming used more often by members.

Health club should be 24 hours

As a forty year non-resident member, let me impart a little historical information which may be of benefit in deciding on these proposals. Over twenty years ago, members asked for and got the volleyball option in the court that is now the weight room. The indented hooks were installed and the games began (it was referred to as walleyball back then because the ball could be played off the walls). From a racquetball standpoint, it caused the occasional interference, but most players (like myself) would just call it and continue the game. This new addition was very popular for about two to three months, but then interest declined precipitously. Within six months, interest was pretty much non-existent and by eight months, the net and balls went missing. The indented hooks became a reminder of demands met, and interest waining. Another interesting thing I noted was that those who asked for and got this option, eventually let their memberships lapse or moved out of the area all together. This is what historically happens, and will no doubt happen again if this is resurrected. The same thing will probably hold true with the Peloton option being proposed...especially when an added expense is included. The novelty will wear off very quickly, and the club will be saddled with some pretty good looking and expensive dust collectors. Although, not to the same extent, but the same can be said for the ping pong table. Interest wains, the table gets damaged by people not knowing how to move it properly. And again...people stop using it. The definition of insanity...doing the same thing over and over again, and expecting different results.

1) There is need to make the indoor walking path for the members to use during bad weather when they are restricted due to bad weather. 2) Stretching is a part of any exercise including walking, scattered stretching equipment can be laid on the pathway of indoor walking like Monkey Bars 3) Easy accessible shower in the pool area.

Thank you for taking care of this wonderful health club we have at Park Tower.

I also recommend an old type of stair master be replaced with a Gauntlet stair master in the cardio room

We are grateful to have the gym, especially during the cold months. I'm opposed to the idea of volley ball in the racquetball court, as I think the noise would be deafening.

Would be interested in installing air purifier units.

Thanks for clean health club.

Thanks for proving the club as a whole, and for David.

n/a

Has the building decided when members will be able to use their fobs/sign up for equipment as we did pre-COVID? Will masks continue to be enforced? I am grateful for the safety precautions the building has taken these last few months.

How about a coat rack in each room? People are ruining the ping pong table putting wet jackets on it. The new air conditioner in the weight room is not strong enough.

The weight machines are super outdated and in bad shape. That's why I did not renew my membership.

Mainly I use the pool and jacuzzi and of course the dressing room

I swim on a daily basis due to mobility issues. I have had both knees replace. I'm very appreciative of the facility and the individuals that made the pool functional.

Please allow fully vaccinated guests with cards into pool

Nothing to add. Thank you for doing this questionnaire.

While it was so nice that the locker rooms were redone a few years back, I was disappointed that they remained so small, have only one bench on which to sit and have lockers that are constantly malfunctioning. It's one of the reasons I've stopped using the health club. It makes coming there a drag. I know your space is limited but there's so much space that is used to accommodate both the sauna, which I don't use and get frustrated by how it heats up the space so you end up leaving in a sweat rather than cooled off after your workout, and the separate external washroom. I feel like the space could have been utilized better. I wish the design had thought about what it would be like for a member to use the space. Anyway my personal preferences aside, the worst is not being able to sit down by the locker you're using when changing and the fact that the lockers so often don't work, and since it is a "locker room" it would be nice if this wasn't so problematic.

The sign up sheet for cardio equipment is in the pool area please move it to the cardio room. It's impractical to have a sign up sheet for the cardio room in another location. Paint the weight room white. Black is depressing and dark and add some motivational posters

Would love the option of having guests again asap.

Wish price was slightly less for people who live in Park Tower

Thank you for doing this.

We need better quality stair stepper in the Cardio room. You barely have any range of motion on the current ones. A doubled ended boxing speed bag, also called a bungee bag for cardio workout in the weight room or racket ball room would be useful, or just some hooks where I could mount my own. Also different level bars for leg stretching would be inexpensive and useful.

It is a wonderful club. The last building I lived in had twenty four hours available for use in cardio room. Sometimes one awakes at two in morning. Also convenient for those who work at odd shifts. I greatly want no sign up sheet for cardio room. It avoids aggravation in many ways and also rigamarow. Only one rule would be that if all machines are being used the person on them the longest should give up machine if another person wants machine. There is a machine that is good for the waistline. You stand on it and swirl body. It would not cost that much. Thanks for a great club. Perhaps mask need not be worn if one is the only one on cardio or weight room.

Can we do away with the cardio machine signups please. Just put a time limit on them when busy. This is pretty much like every other gym I have been to does it.

Need boxing bag and decline bench

The NU step bike is broken

A better bigger sauna or steam room would be a good addition to the health club amenities

I'm not interested in going to work out until I can do it without a mask. I have almost fainted several time while exercising wearing a mask so it's not worth it to me to even try. I'm healthy and fully vaccinated, and looking forward to the day I can go to the health club without a mask.

Everyone has gone maskless for vaccinated folks.... Are we there yet?

I seriously wonder if we have enough room for a volleyball court that usually takes up more space than I see in the raquetball court.Has anyone measured our court and checked the sqf with the a volleyball association? How many residents currently use this court?

Thank you for returning to more normalized rules (vs the covid restrictions)! We are considering renewing our lapsed membership as a result. But that pool...really would love to see a warmer temp on that. Feel like that's the number one complaint I always hear and agree puts people off.

Update on COVID 19 for pool and bringing guests to pool?

I value the fact that we have first-rate facility and I use it daily. Many times I have come and people have left their tvs on and or the fans. I shut them off, but if one can turn it on , they can also turn it off. Also if there are more than two members in the cardio room , there is no need for them to keep the tv remote at their station. (a little consideration). I find my channel and put the remote back.

Was a strange year. I think I renewed my membership last year a few days before the shutdown so never go to use the health club

I would appreciate if you assign forbs access to gym rather than the access cards now..as corona situation is getting better. I use multiple rooms and it is very difficult to get forbs separately. Also, please allow guests as well as some family and friends visit for short term and can pay for short time access

Some members with long hair do not use a swimming cap

Overall, I love our gym.

My membership renewal was caught after the shutdown. As long as guests were not allowed , I was not interested. The swimming pool was not available. What are the new rules?

THERE SHOULD BE A SHOWER EASY ACCESS FROM THE POOL

I would still like mask wearing in the pool and facilities given strenuous exercise and possible covid transmission.

Weight room is way too hot

There should be a more serious Pool/Spa rule enforcement , such as Shower prior to entry which does not seem to exist even with the availability of attendant, i observed it many times. Also, i hope there will not be an automatic annual rate increase next year.

I think the Health Club should be open 24 hours to fit the diverse lifestyles of residents.

Need to increase the temperature of the hot tube. Suggest 106f as it was in previous years. Hot tub temperature is consistently at 102f or 103f. Not sanitary if below 104f. We should return to regular faab access for members to all health club areas and return to normal guest policies and procedures.

summer months I use gym less

Due the pandemic, in the last year and 1/2, I only used the health-club 2 or 3 times. Even though the health club has been open in the last few months, I still don't feel safe to use it and I think

that people who paid for the year membership, should be have their membership extended for the next year.

People in the weight room need to be reminded to REALLY clean up a machine after using it.

1) Covered walking path for the walkers. 2) stretching is an integral part of health, stretching devices can be placed in the walking path, Monkey bars are an integral part of device for stretching.

Consider offering quarterly memberships

Sometimes i don't feel welcomed therei wish staff could be more friendly

a few more resistance machines would be even better....

I'd be interested in getting an (updated) stair master in the cardio room. The one that's there isn't functional

Why can't you buy a bike equal to the peloton But it wouldn't need a streaming service so you wouldn't have to charge a membership.